

APRIL

| SUN | MON | TUE | WED | тнυ | FRI | SAT |
|-----|-------------------------|------------------------|-------------------------|-------------------------|-------------------------|-------------------------|
| | | 1 POOMSAE | 2 KICKING DRILLS | 3 SPARRING | 4 KICKING DRILLS | 5 SELF - DEFENSE |
| 6 | 7 SPARRING | 8 KICKING DRILLS | 9 POOMSAE | 10 POOMSAE | 11 SELF - DEFENSE | 12 SPARRING |
| 13 | 14 POOMSAE | 15 POOMSAE | 16 SPARRING | 17 KICKING DRILLS | 18 SPARRING | 19 SELF - DEFENSE |
| 20 | 21 KICKING DRILLS | 22 SPARRING | 23 POOMSAE | 24 POOMSAE | 25 BELT TEST | 26 KICKING DRILLS |
| 27 | 28 POOMSAE | 29 POOMSAE | 30 KICKING DRILLS | | | |

| BELT TEST TIME | CLASS TYPE | EVENTS |
|--|---|--|
| W, Y, O – 4:30 G, B, P/S – 5:00 R, BR – 5:45 SEMI, BLACK - 6:00 | POOMSAE SPARRING KICKING DRILLS SELF - DEFENSE | Birthday Party Reservation |

