




MARCH

SUN	MON	TUE	WED	THU	FRI	SAT
						1 POOMSAE
2	3 SPARRING	4 KICKING DRILLS	5 POOMSAE	6 POOMSAE	7 SELF - DEFENSE	8 SPARRING
9 	10 POOMSAE	11 POOMSAE	12 KICKING DRILLS	13 SPARRING	14 SELF - DEFENSE	15 KICKING DRILLS
16	17 KICKING DRILLS	18 SPARRING	19 POOMSAE	20 POOMSAE	21 SPARRING	22 SELF - DEFENSE
23	24 POOMSAE	25 POOMSAE	26 SPARRING	27 KICKING DRILLS	28 SPARRING	29 BELT TEST
30	31 POOMSAE					

BELT TEST TIME	CLASS TYPE	EVENTS
W, Y, O – 12:00 G, B, P/S – 12:45 R, BR – 1:45 SEMI, BLACK - 2:00	POOMSAE SPARRING KICKING DRILLS SELF - DEFENSE	<ul style="list-style-type: none"> Birthday Party Reservation

