



# JANUARY

SUN	MON	TUE	WED	THU	FRI	SAT
			1 (CLOSED) ✨	2 POOMSAE	3 KICKING DRILLS	4 SPARRING
5	6 POOMSAE	7 SPARRING	8 SPARRING	9 POOMSAE	10 SPARRING	11 SELF - DEFENSE
12	13 KICKING DRILLS	14 POOMSAE	15 POOMSAE	16 KICKING DRILLS	17 SELF - DEFENSE	18 SPARRING
19	20 POOMSAE	21 SPARRING	22 POOMSAE	23 POOMSAE	24 KICKING DRILLS	25 BELT TEST
26	27 POOMSAE	28 POOMSAE	29 KICKING DRILLS	30 SPARRING	31 POOMSAE	

BELT TEST TIME	CLASS TYPE	EVENTS
W, Y, O – 12:00 G, B, P/S – 12:45 R, BR – 1:45 SEMI, BLACK - 2:00	POOMSAE SPARRING KICKING DRILLS SELF - DEFENSE	<ul style="list-style-type: none"> <li>• Birthday Party Reservation</li> </ul>

